

KixCare TIPS

Why Might School Anxiety Start Mid-Year For My Child?



It can be especially baffling when your little one who has been happily climbing onto the bus every morning and seeming happy with school and friends seemingly does an about face midway through the year. While school anxiety is common at the beginning of big “change” years.

- 1 It can also happen when stressors mount over time, such as academic performance.
- 2 Strain in friendships.
- 3 Difficulty with teachers.

Cut here for a colouring sheet for your little one

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