

KixCare TIPS

Can I Watch TV When My Baby Is In The Room?



Putting music or other learning shows in the background but not allowing the baby to watch them is okay.

- 1 If you want to watch TV as baby is sleeping or content otherwise with a toy playing, **there is no harm if baby is not watching or looking at the TV.**
- 2 As long as you are meeting the baby's needs and finding time to bond, you as a parent also need time for things you enjoy.

Cut here for a colouring sheet for your little one

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