

Symptom	Influenza	RSV	COVID-19
Symptom Onset	Sudden. It hits you like a ton of bricks. Kids will seem fine one moment, then suddenly they are miserable.	Typically starts mild. Symptoms peak between days 4-6. Depends.	Depends. Tends to come on gradually.
Fever	Very Common: Fevers “tend” to be high	Common	Sometimes: Typically High
Runny Nose/ Congestion	Sometimes	Very Common- its THICK and there is LOTS of it.	Common
Difficulty Breathing/ Shortness of breath	Sometimes*	Common*	Sometimes*
Wheezing when breathing	Sometimes*	Common*	Rarely*
Cough	Common: Tends to be dry and hacking.	Very Common: Tends to be wet or wheezing from trying to clear thick mucous. Sometimes they will even vomit from coughing.	Common: tends to be dry
Body Aches	Very common	Rarely	Common
Headache	Common	Rarely	Common
Sore Throat	Common	Common	Sometimes
Abdominal Pain/ Nausea/ Vomiting	Sometimes: This is a symptom that is much more common in children than adults with influenza	Not common: unless from coughing.	Sometimes: This symptom is more common in kids than adults
Fatigue (Tiredness)	Very Common: These kids are pooped.	Sometimes	Very Common: Often severe.
Loss of Appetite/ difficulty feeding	Very Common	Sometimes: Younger children will have difficulty feeding due to their nose being blocked with mucous	Sometimes
Chills	Very Common: Especially when their fever is high.	Rarely	Sometimes
Can I get a Vaccine for This?	YES!	NO: Not yet anyways!	YES!

*Any difficulty breathing, or wheezing needs to be assessed by your KixNurse and/or healthcare provider ASAP.

**There are many things still being learned about covid-19 and its lasting effects in some people.

***These lists are representative of trends. It is not meant to be diagnostic. Children all experience illness differently, and only through diagnostic testing can an illness be confirmed.