

# KixCare TIPS

## Can I Hug My Children When They're Sick And What Temperature Fever Is Dangerous For Them?



Hugging your child when they are sick can help them feel better and aid in the healing process.

- 1 Hugging helps with the healing process, It calms them down and eases anxiety.
- 2 A temperature over 38°C or higher is considered a fever.

Cut here for a colouring sheet for your little one

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