

# KixCare TIPS

## What Should I Always Keep In My Medicine Cabinet?



Let's talk about some tips on what you should keep in your medicine cabinet

- 1 Water wipes, Alcohol wipes, **Wipes and tissues**, Hand sanitizer, Cortisone 1% ointment
- 2 **Tweezers** for removing splinters, ticks, thorns, etc., Nasal suction device like a nose bulb or electric aspirator, **Bandages** in a variety of sizes
- 3 **Children's pain/fever reducers** like ibuprofen or acetaminophen, Children's antihistamine such as Zyrtec or Benadryl, Neosporin
- 4 Bug spray, Nasal saline drops or spray, cough and throat soothers, clear fluids/electrolytes and Petroleum jelly

Cut here for a colouring sheet for your little one

# KixCare

